

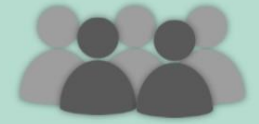
# Healthy Futures Social Prescribing

Activity & Achievements 2018-19



6

Social Prescribing  
Link workers



5

Volunteers providing  
counselling



Community  
Development



22

GP Practice  
Partnerships



74%

Engaging with a  
link worker

949

Referrals



240+

'Social Prescriptions'  
available



107

People accessing  
Healthy Futures  
Counselling

## Main types of support:

- Debt & Benefits
- Mental Wellbeing
- Social Activities/ Groups
- Housing
- Physical Activity
- Employment

*'I've regained my confidence, made new friends, joined clubs, keep fit classes, eating better and I am back to my old self.' – Service user*

*'The link worker has made a huge difference to our workload... and is part of our team'*  
– Referring GP